

## **REIKI PRICING**

Reiki is an energy healing technique that promotes relaxation, reducing stress and anxiety through gentle touch. The hands-on technique delivers energy to your body, improving the flow and balance of your energy to support healing.

Cheryl Jackson received her training and certification in traditional Usui Reiki methods and has great respect and gratitude towards the Reiki lineage, history, and its powerful healing qualities.

In her practice, she strives to help her clients feel very relaxed and peaceful during her sessions.

Private 30-minute sessions	Total
1 session	\$42
3 sessions	\$120 (\$40/session)

Private 60-minute sessions	Total
1 session	\$66
3 sessions	\$185 (\$61.66/session)

All listed rates are for Health & Wellness Center members. For guest rates, please contact personalservices@jewishforgood.org Visit www.jewishforgood.org/personal-services to get started!