

# PERSONAL TRAINING PRICING



Private 55-minute sessions	Total
1 session	\$61
3 sessions	\$173 (\$58/session)
6 sessions	\$334 (\$56/session)
12 sessions	\$642 (\$53.50/session)

Private 30-minute sessions	Total
1 session	\$41
3 sessions	\$112 (\$37/session)
6 sessions	\$199 (\$33/session)
12 sessions	\$360 (\$30/session)

Duet (2 people)	Total/Member
30 minutes - 3 sessions	\$80 (\$27/session)
55 minutes - 3 sessions	\$144 (\$48/session)

Small group (3 people)	Total/Member
55 minutes - 3 sessions	\$80 (\$27/session)

**Visit [www.jewishforgood.org/personal-services](http://www.jewishforgood.org/personal-services) to get started!**

*All listed rates are for Health & Wellness Center members.  
For guest rates, please contact [personalservices@jewishforgood.org](mailto:personalservices@jewishforgood.org)*